

# Riverview Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2/10/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fruits Choice of Milk	<b>2/11/20</b> Egg & Cheese Muffin or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/12/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/13/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/14/20</b> Sausage, Egg Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
<b>2/17/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fruits Choice of Milk	<b>2/18/20</b> Egg & Cheese Muffin or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/19/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/20/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/21/20</b> Sausage Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
<b>2/24/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/25/20</b> Egg & Cheese Muffin or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/26/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/27/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>2/28/20</b> Sausage Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
<b>3/2/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/3/20</b> Egg & Cheese Muffin or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/4/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/5/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/6/20</b> Sausage Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
<b>3/9/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/10/20</b> Bagel w/ Spreads or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/11/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/12/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/13/20</b> Sausage Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk
<b>3/16/20</b> Strawberry Pancake Grab N Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/17/20</b> Egg & Cheese Muffin or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/18/20</b> Cinnamon Toast Crunch Bar Grab n Go or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/19/20</b> Grab n Go Mini Cinnis or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk	<b>3/20/20</b> Sausage Pancake Sandwich or Choice of Cereal Assorted 100% Fruit Juice or Fresh Fruits Choice of Milk

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school breakfast price.

**Choice of:** Grain or grain/protein  
**Choice of fruit or vegetable** (must take at least a 1/2 cup) and  
**Choice of Milk**  
**Choice of Milk** - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, fresh fruit selection including apples, bananas and oranges



- Apple Jacks
- Cinnamon Toast Crunch
- Lucky Charms
- Fruit Loops
- Coco Puffs

**Third Alternative**

Otis Spunkmeyer muffin w/ a fruit  
Choose from **Banana, Chocolate Chip or Blueberry Muffins Daily**

Choose a juice or fruit or both to make it a meal.



[www.schoolcafe.com](http://www.schoolcafe.com)

Check out the daily nutritional values of you lunch on school cafe.

Elementary Breakfast \$1.25    Jr./Sr. High Breakfast \$1.50    Student Reduced Breakfast \$0.30    Adult Breakfast \$1.95